

# Seaforth Spirit Day

## April 26, 2013

### Speaker Sign-up Form

Seaforth's Annual Spirit Day is a student workshop day that provides a wide range of hands-on seminars for the students of École Seaforth Elementary School. Topics in the past have included martial arts, dance, crafts, cooking, sports, animal demonstrations and career discussions from video game programmers, police officers, doctors and lawyers, to name just a few.

This year Spirit Day will be held on **Friday, April 26** and we're trying something a little different with a "themed" Spirit Day focused on **The Environment**. Topics could include outdoor scavenger hunts, plant and bird identification, sustainability, recycling, green transportation, energy, crafts, gardening and even sports, since we're part of the environment too and human health is important. Each student will have the opportunity to attend three different one-hour-long workshops during the school day.

We have always been fortunate to receive tremendous support from both outside the school community and within. Seaforth teachers and parents who have a skill, hobby or career are invited to come and share it with the students. If you would like to be a presenter but are unsure what to do, please contact the Spirit Day Committee. We have a list of workshop ideas that can help you decide! If you have a workshop idea but can't figure out how it fits with the Environment theme, please get in touch and we'll work together to try and make it fit!

We are now in the process of booking these workshops. If you can host a workshop for Spirit Day, please complete this form and return it **by February 28th** to the school office or via email to [gailmsu@hotmail.ca](mailto:gailmsu@hotmail.ca). We would also appreciate if you could pass this form along to other potential presenters. Many of our students are enrolled in interesting and unique extracurricular activities and if you think their instructors would like to host a Spirit Day workshop, please ask them to fill out this form, or email us their information and we can contact them directly. Extra paper copies of the form will be available at the school office.

This annual event is very much enjoyed by our students, who eagerly review the course selection booklets to choose the workshops they wish to attend. On behalf of Seaforth students, we thank you for your support.

Please contact us if you have any questions: Gail Su 604-889-5792 [gailmsu@hotmail.ca](mailto:gailmsu@hotmail.ca)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Topic: \_\_\_\_\_

Please provide a brief description of your workshop:

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Preferred audience age group: K to Gr. 3      Gr. 4 - 7      K - Gr. 7

Maximum number of students per session: \_\_\_\_\_

Please indicate which session times you are available for:

A) 9:15 to 10:15 am \_\_\_\_\_ B) 10:45 to 11:45 am \_\_\_\_\_ C) 1:00 to 2:00 pm \_\_\_\_\_

Please indicate the number of sessions you wish to host (1, 2 or all 3): \_\_\_\_\_

Materials needed: \_\_\_\_\_

Volunteer Helpers needed: \_\_\_\_\_

Estimated expenses (for our budgeting purposes): \_\_\_\_\_

Audio/visual equipment needed: \_\_\_\_\_

Room requirements (tables, desks, open area, etc.): \_\_\_\_\_

**Please return this form by February 28, 2013**

*École Seaforth Elementary School 7881 Government Road, Burnaby, BC*